

Irvine Valley College Athletic Counseling: Best Practices



Summer 2013: Piloted Student-Athlete “MAP 1-semester Ed Plan” in-person workshops with My Academic Plan (MAP) as an online Ed Plan tool .

Fall 2013: Student-athletes offered a 3-step process for MAP online Ed Plan review:

1. Attended an in-person workshop to overview the MAP: Online Ed Plan
2. Completed their MAP on their own with information provided in workshop
3. Scheduled appointment for Athletic Counselor to review and lock their MAP (online Ed Plan)
 - Student-athletes/students have access to create a MAP Plan

Benefits of MAP (used by Athletic Counseling at both Saddleback College and Irvine Valley College):

1. Student-athletes can view their reviewed plan online on their college system where they also register for classes, view grades and pay for classes.
2. Student-athlete involvement, ownership and empowerment since students can create their own plan and bring it to a counselor for review and make changes to a copy or create a new plan.
3. Counselors review and lock Ed Plans.
4. Ability to save frequently used notes to paste into the notes section. The notes are viewable to students and other counselors in the locked version and the student’s MAP copy.
5. College is tracking the number of reviewed, locked MAPs.

Visual Examples:

MAP with CSU General Education Pattern with signature page

MAP Notes and Planned Semesters as a summary

See excel sheet for inputting units to count totals while completing a MAP