

Clovis Community College  
**Crush Student-Athlete Council**  
**(CSAC)**

*Student-Athlete Advisory Committee*



# Clovis Community College

- Became an accredited college in 2015
- Campus-wide population approximately 13,000 students
- Approximately 100 student-athletes

## 4 sports / 8 teams

- Swim & Dive (M & W) – Spring 2016
- Soccer (M & W) – Fall 2016
- Cross Country (M & W) – Fall 2018
- Track & Field (M & W) – Spring 2020

# CSAC Composition

8 members + Advisor

- 2 reps Men's Soccer
- 2 reps Women's Soccer
- 1 rep Women's Cross Country/Track & Field
- 1 rep Men's Cross Country/Track & Field
- 1 rep Men's Swim & Dive
- 1 rep Women's Swim & Dive

*Preferably 1 first-year SA paired with 1 second-year SA*  
*Members typically nominated by coach*

Advisor: Athletic Counselor

Visiting member: Director of Athletics

- Meet 1-2 times per month or more as needed
- Meeting time/day changes each semester based on member availability

# CSAC Mission & Purpose

## Mission Statement

*We, the Crush Student-Athlete Council at Clovis Community College, vow to be the voice for all student-athletes on campus to help them achieve success academically and athletically. To help accomplish classroom success, we will encourage and positively motivate student-athletes to complete **Crush Academy** requirements both on and off season. CSAC will shape future student-athletes into leaders both on and off campus, while also providing them with the proper skills to ensure their success.*

## Administrative Vision

- Facilitate conversation and intentional planning
- SA Voice, effective communication
- SA Development & Success: Academic, Athletic, Personal
- Program and community engagement
- Fundraising

## Student-Athlete Vision

- Leadership Development
- Advocate for their team
- Positively impact program, college, and community
- Fun

# CSAC Efforts & Outcomes

- ❖ Analyze student-athlete success, completion, & retention data
- ❖ Implemented year-round Crush Academy
- ❖ Implemented more efficient process to complete and report Crush Academy activities
- ❖ Increased student-athlete participation in Crush Academy
- ❖ Implemented student-athlete led virtual study sessions
- ❖ Continued cycle of review of Crush Academy and implement changes



# CSAC Efforts & Outcomes

- ❖ Participated in campus-wide Mental Health Awareness campaign & training
- ❖ Created student-athlete club
  - Participate in club rush
  - Interclub Council representation
- ❖ Planned and facilitated recognition events & student-athlete engagement events (in-person & virtual)



# Creating a Student-Athlete Advisory Committee

## Implementing SAAC on your campus

### Determine vision for SAAC on your campus

- Consider program/campuswide needs to support student athletes
- Inform/consult Administration and Athletic Department staff

### Identify staff/faculty member to facilitate implementation

- Ideally a staff/faculty member that is interested in also serving as Advisor or Co-Advisor of the SAAC

### Assemble your SAAC

- Identify a SAAC Advisor if not person helping with SAAC implementation
- Determine composition (1 member per team, 2 per team, alternates, male/female, etc., other non-SA members?)
- Have coaches identify student-athletes from their team that demonstrate leadership or have leadership potential and/or send notification of opportunity to all student-athletes to seek volunteers
- Contact and discuss opportunity with those identified or that expressed interest
- Determine your initial group of SAAC members
- Establish an easy effective communication method with SAAC members
- Determine a common day and time for initial SAAC meeting

### Initial SAAC Meeting

- Share purpose of SAAC and campus/program needs
- Share/discuss examples of other 2 year and 4 year program SAACs
- Have members determine meeting time and day that works for all to meet on an ongoing basis
- Determine meeting frequency
- Determine SAAC member expectations (SAAC composition, meeting attendance, participation, etc.)
- Begin drafting a mission statement and/or guiding principles

### Follow Up SAAC meetings

Frequency TBD by SAC and campus need, recommend more frequent meetings in the beginning to establish initial goals and activities

- Finalize mission statement and/or guiding principles
- Determine areas of need that SAAC will focus on
- Establish goals (example: short-term, long-term, for semester, for year)
- Begin discussions and planning efforts, initiatives, activities based on needs/goals

**\*Regularly report out SAAC efforts at Athletic Department meetings and campus meetings**

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### **Common SAAC Challenges**

- Turn over of SAAC members
  - Consider having a 1<sup>st</sup> year, 2<sup>nd</sup> year SA per team and possibly alternates to maintain some continuity
- Scheduling of meetings to maximize attendance
  - May need to change meeting day and time each semester depending on SAAC members class schedule and availability
- Maintaining regular, effective communication
  - Taking and distributing meeting notes
  - Meeting reminders
  - Follow up communication, information needed between meetings
  - Important to find communication tool that allows for ease of regular communication

### **Broadening scope of SAAC**

- Participation in campus wide efforts
  - Become a club through Associated Student Government
  - Partner with other campus organizations or service areas
- Involvement in community
  - Community Service/Volunteer
  - Partner with organizations

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