STUDENT ATHLETE ACHIEVEMENT AWARD NOMINATION

(Deadline: Friday, January 30, 2026)

The 3C4A Student Athlete Achievement Award is presented during the Spring Convention season. The achievement award serves as just one way we promote the accomplishments of our student athletes.

CRITERIA FOR NOMINATION:

Our achievement award is intended to honor student athletes who have overcome great personal, academic and/or emotional odds to achieve success while participating in intercollegiate athletics. These men and women may not be your best student-athletes and therefore have not been recognized by other organizations, but they have persevered and made significant personal strides toward success. These are the students who benefit most from academic advisement programs; they are our motivation and our sense of satisfaction. Therefore, we want to recognize them for their accomplishments with the 3C4A Student Athlete Achievement Award.

WHO IS ELIGIBLE TO BE NOMINATED?

- Any student athlete who has completed 2 seasons at an accredited community college with at least a 2.0 cumulative grade point average. The nominee must be currently competing in their second season or have just completed their second year.

- The student athlete must be in good academic standing.

WHO MAY NOMINATE A STUDENT ATHLETE?

The nomination should be a mutual nominee made by the student's Athletic Academic Counselor/Advisor and Coach. The Academic Counselor/Advisor must be a 3C4A member. Each college may nominate a maximum of:

One Male and One Female

PACKAGE MUST INCLUDE THE FOLLOWING:

1. A personal essay, which communicates the following: (20 points)
   a) Student's lifetime experiences/hardships
   b) How have academic and social experiences contributed to the student's goals and achievements
   c) How did the Athletic Counselor/Advisor assist in your success
   d) How did the college assist in your success
   e) What are your future goals

2. A detailed account of student's campus activities, academic honors, athletic achievements, and outside or community activities and honors. (10 points)

3. Three letters of recommendation, one each from the following: Head Coach, Counselor/Advisor, and Faculty of choice. (15 points)

   - Each letter should be specific in nature, detailing the individual's progress. Please include the nominee's full name and the name/title of person making the recommendation.

4. An unofficial transcript from the community college. Unofficial copies of other college work. (5 points total for transcripts and photo)

5. PROVIDE PICTURE WITH APPLICATION AT THE TIME OF SUBMISSION. (This is mandatory)

RETURN NOMINATION PACKETS TO:

NORTHERN CALIFORNIA
American River College
Diana Allie, Athletic Counselor
AllieD3@arc.losrios.edu

SOUTHERN CALIFORNIA
College of the Canyons
Albert Loaiza, Athletic Counselor
albert.loaiza@canyons.edu

Rubric (50 points)

- Personal Essay- 20 points
- Summary of Activities- 10 points
- Letters of Recommendation- 15 points (3 @ 5 points each)
- Transcripts & Photo/Application completion- 5 points

STUDENT ATHLETE ACHIEVEMENT AWARD NOMINATION FORM

(Deadline: Friday, January 30, 2026)

Please type or print clearly:

Student Name:_____

College Student ID#:_____

Address: _____

_____

_____

Phone: ( ) _____

Email: _____

Marital Status: _____

Spouse's Name: _____

Number of Dependents: _____

Parent/Guardian: _____

Major: _____

Expected Transfer Date: _____

GPA: _____ Units Completed: _____

Sport(s): _____

_____

Release Statement: I hereby authorize the 3C4A to make the above information available to its members and the media

Signature: _____
(student)

List all schools/colleges attended (including High School).

Present School: _____

Dates Attended: _____

School: _____

Dates Attended: _____

School: _____

Dates Attended: _____

School: _____

Dates Attended: _____

Nominated by (3C4A members only):

Name: _____

Title: _____

Institution: _____

Address: _____

_____

_____

Phone: ( ) _____

Email: _____

Signature: _____
(3C4A member)

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